

Attachment 3: Session Outline Accelerated Learning (Faci team iTtT Prague, 2016)

Session name: Accelerated learning		Materials needed:	
		Material:	Amount:
Objectives:	Delegates knows different ways adults learn	colorful post-its	60
	Delegates are able to indentify the different learning types in audience and capitalise on them	Drawn FC	3
	Delegates understand VARK learning styles and Kolb learning cycle.	Blank FC	5
Duration:	60'		
Responsible:	Lenka		
WOW moment:			

Duration	Name of Section	Goal and key message	Content	Materials
15'	Ds session		Minisession delivered by delegates on this topic	TBD
5'	Ds feedback	Exerdsing BIO Feedback		Colorful post-its
2'	Introduction	Explanation of what delegates will learn.	Why is this session important? What will we go through? How is it connected to training? Definition of LEARNING – competency (Knowledge, Skills, Attitude)	
3'	Sushi	Get delegates into topic and show them variety of participants in training group.	Question: „How will you prepare sushi?“ - simply do prepare it somehow - reading „sushi“cookbook - watching „sushi cooking lesson“ on videotape they already have at home - asking for advice Japanese friend living next door	Flipchart
20'	VAR K	Ds get to know the VARK types and identify which of them they might be	Explaining VARK, why is it important? Visual – Auditory - Reading/Writing – Kinesthetic Put Ds into 4 groups (according what type they think they are OR the test they made the day before) and let them create FC (Jak se charakterizují, jak je identifikovat, jak využít?) Prezentace FC Tips how to recognize different types: https://www.sophia.org/tutorials/discover-your-learning-style-with-vark	VAR K FC
5'	Kolb learning cycle	To learn sth properly, we have to go through all stages of learning.	FACI vysvětlí, jak jsme to udělali včera se storytellingem + představí 4 části cyklu (5') KONKRÉTNÍ ZKUŠENOST (ZKUŠENOST) REFLEXE, POZOROVÁNÍ (REFLEXE) ABSTRAKCE, GENERALIZACE (ZÁVĚR) AKTIVNÍ EXPERIMENTOVÁNÍ (PRAXE) + dvě osy Není důležité, v jaké části začneme, ale že projdeme všemi stádii.	Flipchart
2'	Sum-up	Make sure delegates understood how we learn the best	Summarizing what delegates learnt during this training. Dospělí se učí nejlépe zkrz vlastní zkušenost. Learning pyramid - “% of perceived info” - summarizing how we acctually learn the best Jak nám může toto pomoci při tvoření našeho tréninku?	FC with the pyramid
3'	Wrap up	Summarizing what delegates learnt during this training.	Splitting delegates into 3 groups. Each group summarizes one topic. They have time for preparation.	